# SERENITY

## TREATMENT AFTERCARE

### SKIN TAG REMOVAL

Some skin tags will be completely removed at your appointment, whereas some will be treated and will leave a scab behind which will come away within 7 days. This completely depends on the size of the tag and how it is attached to the healthy skin. Once the scab or tag comes away, it will leave fresh pink skin underneath. The area will then take up to 4 weeks to heal and re-pigment. In some cases, the skin will re-pigment slightly lighter than your normal skin colour and in rare cases there is a chance a small scar is left behind.

#### **AFTERCARE**

- Avoid touching/picking at the treated area
- Do not pick any scabs that may form
- Do not use make up or perfumed products on the treated area for 24 hours
- No deodorant for 24 hours if the underarm has been treated
- Avoid heat treatments and swimming for at least 24 hours
- Apply aloe vera gel to the area if needed

Please ensure you follow the correct aftercare for best healing results.

For larger skin tags you may need a second treatment which is chargeable as another session. This will be advised before your treatment commences.

#### WAXING

Please note: some slight soreness, small bumps and redness are common and perfectly normal temporary reactions, particularly if this is your first wax. These symptoms should subside over the next 24 - 48 hours. If you experience persistent redness or irritation, or if you have any questions, please do not hesitate to contact reception

Keep the waxed area clean, and avoid heat and friction during the next 24 - 48 hours. This means:

- No hot baths or showers (cool to lukewarm water only). No saunas, hot tubs, massage or steam treatments.
- · No tanning (sunbathing, sun beds or fake tans).
- · No sport, gym work or other exercise.
- · Avoid scratching or touching the treated area with unwashed hands.
- · Wear clean, loose fitting clothes.
- · Avoid swimming in chlorinated pools.
- Do not apply deodorants, body sprays, powders, lotions, make up or other products to the area, other than those recommended by your therapist.